



# FAMILY, MORALE, WELFARE & RECREATION

## Activities/Events

### 2009 All Army Chess Championships

All Army Chess Championships will be held April 4 through 10, at Fort Myer, Arlington, Va. All players must be U.S. Army active duty personnel for 90 days or more and a United States Chess Federation rated member. Twelve players will be selected and funded by FMWR.

All players must apply online or download the application and fax to 703-681-7249, DSN 761-7249 or 703-681-1616, DSN 761-1616. No on-site registration.

The deadline for an individual registration is March 2.

For more information or to download online, visit [www.armymwr.com/portal/recreation/chess/](http://www.armymwr.com/portal/recreation/chess/).

### Ringling Bros. and Barnum & Bailey Circus tickets on sale

Ladies and gentlemen, come see the greatest show on earth. Tickets are available for shows March 25 through April 5 at the 1st Mariner Arena in Baltimore for \$19.50 for ages 2 and older. The last day to purchase tickets is March 13.

### Ski with FMWR

FMWR offers a trip to Ski Roundtop: Feb. 28.

Trip costs \$65 per person and includes all day lift tickets, transportation to and from APG, tuned and fitted skis or snowboard with boots, poles, and bibs (if requested); also includes beginner group instructions from FMWR staff for those who want it. No meals or food included. The bus will depart 6 a.m. and return 6 p.m.

Register and be fitted for equipment by Feb. 20.

For more information, call 410-278-4124.

### Texas Hold-em Tournament

Family and Morale, Welfare and Recreation

will host a Texas Hold'em Tournament, 1 p.m., Feb. 28, at Top of the Bay. The event is open to all DoD cardholders, military, civilian, contractors, retirees, Family members and guests over 18 years of age.

Entry fee costs \$35 and includes buffet, soda, snacks and cash bar. Registration deadline is Feb. 20.

Volunteer dealers are needed. Volunteers will be trained by tournament personnel. Those interested should e-mail Louise Glose, [louise.glose@us.army.mil](mailto:louise.glose@us.army.mil) or Teri Hall, [teri.s.hall@us.army.mil](mailto:teri.s.hall@us.army.mil).

For more information or to register, call 410-278-2552/3062 or visit <http://www.apgmwr.com/Store/texasholdem.html>.

### Amateur Boxing Night

The 16th and 143rd Ordnance battalions face off again in the 2009 Amateur Boxing Night March 7 at the Edgewood Area Hoyle Gymnasium, building E-4210. Doors open 5 p.m., the event begins at 6 p.m. Tickets cost \$5 for active duty military; \$10 for nonmilitary; and \$20 for ringside seats. Children under 6 are admitted free.

This event is open to the public.

Purchase tickets at FMWR Registration, building 3326, 410-278-4011/4907 or Hoyle Fitness Center, building E-4210, 410-436-3375/7134.

### Talent Show

The APG Talent Show will take place Feb. 21, at the Post Theater, 7 p.m. Doors open 6 p.m.

Tickets cost \$5 for active duty military and \$7 for non-military.

For more information or to purchase tickets, visit FMWR Registration, building 3326, 410-278-4011/4907 or visit Hoyle Fitness Center, building E-4210, 410-436-7134.



## ARMY FAMILY COVENANT

SOLDIERS ★ FAMILIES ★ ARMY CIVILIANS



Army spouses Antonette Jones, left, and Dishon Campbell right, and other visitors listen in as Phyllis Ethridge, ACS Relocation Readiness program manager, center, briefs them on Army services and programs during the Hearts Apart meeting for Family members of deployed Soldiers at building 2754 Feb. 4.

## Valentines Day theme highlights Hearts Apart meeting

Story and photo by  
**YVONNE JOHNSON**  
APG News

To remember Valentines Day, the Army Community Service Hearts Apart program featured a Valentines Day theme for spouses of deployed Soldiers during its Feb. 4 meeting.

Hosted by Phyllis Ethridge, ACS Relocation Readiness program specialist, Hearts Apart is a monthly meeting for spouses and Family members of deployed Soldiers.

Ethridge and ACS volunteers decorated the room with red, white and pink balloons with festive hearts and bears on the walls and treats on the table. Attendees received pink and red gift bags filled with Valentine candy, photo frames and other mementos.

Ethridge said the program seeks to empower military and civilian Family members with information needed before, during and after a separation.

"Participants formulate programs and activities and ACS provides the support to help accomplish them," Ethridge said.

To get the word out, ACS is marketing the Hearts Apart Support Group meeting through various venues: FMWR Web site, the APG News, Channel 21 and the new Hearts Apart newsletter, Eth-

ridge said.

"We also plan to have an ACS staff member at each meeting so the spouses can learn about what services they offer," she said.

"You can attend group meetings to learn from each other as well," she added. "You can trade recipes, talk about schools and generally network with other spouses. We want people to come out and share their talents. Most will tell you time passes more quickly when you stay busy."

Ethridge said that ultimately, spouses and Family members will help plan meetings and gather information for other members.

"We don't want it to be our group, we want it to be their group," she said.

The featured speaker that evening was Denise Stout, ACS Deployment and Mobilization program manager.

Hearts Apart is an alternative from the standard Family Readiness Group which helps Family members when units are deployed.

"They get the same information here without having to fall under a command," she said.

She encouraged all to tell spouses new to the Army or the community about the Hearts Apart program.

"We know there are Family members out there we don't know how to reach, so it's important that everyone shares this information," she said.

"Although Hearts Apart is primarily for those whose Soldier is deployed to war, Korea or Germany, we welcome everyone even if the sponsor is not deployed," she added. Dishon Campbell, a military spouse who attended the meeting with her children, Dontavius, 8 and Jayden, 5, said she volunteers, "just to keep busy."

"I [attended similar meetings] when we were in Fort Hood, Texas," she said. "I like it because I learn from it. It helps me become more confident to know that I know what to do when he's not here."

Another military spouse volunteer, Antonette Jones, brought her two children, Arlasia, 6, Akiye, 1, and nephew Julius, 3, to the meeting. Jones said her husband has been through three deployments and she helps because she appreciates what groups like Hearts Apart have done for her.

"Everywhere we've been we've had support groups," she said. "You need someone stronger and more knowledgeable to count on [during deployments]."

The ACS Hearts Apart support group meets the first Wednesday of each month, 6 to 7 p.m. in building 2754, Rodman Road. For more information contact Ethridge, ACS Relocation Readiness Program, 410-278-2464/7572.

## SKIES Unlimited

For more information or to register for a SKIES Unlimited class, call the Central Registration Office, building 2752, 410-278-7571/7479. Open to all DoD ID card holders. For an appointment, e-mail [stacie.umbarger@conus.army.mil](mailto:stacie.umbarger@conus.army.mil).

### Private guitar lessons

Private guitar lessons for ages 7 through 18 will be held 3:30 to 7 p.m., Fridays, Feb. 20 through March 13, at the Aberdeen Area Youth Center, building 2522.

An award-winning singer/songwriter will instruct students. No experience necessary.

Cost of the lessons is \$132 per student and includes one 30-minute session per week for four weeks. Students must provide their own guitar and also are required to pur-

chase books required for the course as recommended by the instructor.

Books are a one-time purchase. Parents can choose which time frame session they want to sign up for when they register their child. Open to all DoD ID card holders.

### Tae Kwon Do

Join the Unity Tae Kwon Do School of Martial Arts at APG. Tae Kwon Do promotes discipline, as well as muscle toning and conditioning.

Classes will be held at the Child, Youth and School Center, building 2522, Monday and Wednesday; Feb. 29 through March 18 and March 30 through April 22, 5:30 to 6:15 p.m. (ages 6 to 12). Cost is \$65 per student for a one-month session or \$150 per student for a three-month session.

Students must wear a white T-shirt and sweat pants.

Class size is limited so register early.

### Brazilian Jujitsu

A Brazilian jujitsu program will be held at the Noncommissioned Officer Academy, building 4505, Suite C. Sessions will be held Tuesdays and Thursdays, Feb. 17 through March 19.

Beginner classes will be held 6 to 6:45 p.m., ages 7 to 18.

Through the practice of jujitsu and kickboxing, students will learn the best form of self-defense, how to defend themselves against bigger, stronger and faster opponents and develop leadership and teamwork skills. All students will advance their skills no matter their gender, size or natural ability.

Cost is \$85 per student. Open to all DoD ID card holder Family members. Each session requires a minimum of six students registered. Registration ends one week prior to the start of class.

### Private Voice Lessons

Ages 7 through 18 can register for private voice lessons, 3:30 to 7 p.m., Fridays, Feb. 20 through March 13, at the Aberdeen Area Youth Center, building 2522.

An award-winning singer/songwriter will instruct students. No experience necessary. Singing lessons cost \$132 per student and includes one 30-minute session per week for

four weeks. Parents choose which time frame session they want to sign up for when they register their child.

Open to all DoD ID card holder Family members.

## Looking for a job?

Visit FMWR Jobs Available at [www.apgmwr.com](http://www.apgmwr.com). All jobs for Aberdeen Proving Ground are listed at <http://acpol.army.mil/employment/naf.htm> or check out AAFES Jobs link <http://odin.aafes.com/employment/> for additional job opportunities.

## Deadlines for sports applications announced

All military and DoD civilians are invited to sign up for APG intramural sports events.

### Application deadlines are:

#### Civilian

- Volleyball March 27
- 3 on 3 Basketball April 3
- Dead Lift Competition April 17.

Special notes for civilians: Cost per team is \$200 for basketball, volleyball, softball and flag football. There is a four

team minimum for a league or tournament to take place. The 3 on 3 Basketball Tournament has a \$20 team fee.

#### Military

- AIT Bowling March 22
- Volleyball Mar 27
- 3 on 3 Basketball April 3
- Dead Lift Competition April 17

For more information, call 410-278-3929 or visit <http://www.apgmwr.com/recreation/sportscalendar2009.ppt#256,1,Slide 1>.

## Youth learn value of retail sales



Photo by RACHEL PONDER

Customers Joseph Santana, left front, and Dienia Gooden purchase Valentine's Day cards and candy from several of the children on Team B, from left to right, Monae Simmons, Jurnee Long, D'Asia Hughes and Jade Long. Monica Boyd, Team B leader, supervises during Parent Night Feb. 6 at the Aberdeen Area Youth Center. The children were raising money to have funds for a party.

## February bowling specials

Throughout February, every game of bowling will cost \$1.75 with \$1.50 shoe rental, 1 to 5 p.m. Rent a lane for \$12 per hour; shoe rental is included.

## APG Bowling Center Snack Bar specials

Building 2342

### Week of Feb. 17

Special #1: Double bacon cheeseburger with potato chips, cookie and soda for \$7.25.

Special #2: Crab cake platter with french fries, coleslaw, cookie and soda for \$9.95.

### Week of Feb. 23

Special #1: Grilled ham and cheese with soup of the day for \$5.45.

Special #2: Pork BBQ with potato salad, cookie and soda for \$5.95.

For more information or to place an order, call 410-278-4041. Orders must be placed before 10:30 a.m.

